

## **Diabetes and chronic diseases, the challenge of EU nutrition legislation: A case on carbohydrate quality and prevention**

**February 5<sup>th</sup> 2019 - 16:00-18:15**

**EU Parliament, Rue Wiertz 60, Brussels,  
Altiero Spinelli entrance, room ASP5G305**

<b>Time</b>	<b>Item</b>	<b>Speaker</b>
16:00-16:10	Welcome	MEP Nicola Caputo (S&D, IT)  Ignacio Garamendi, IDF Europe, Regional Manager
16:10-17:10	<b>Panel 1: Nutrition and well being</b>	
	Health, nutrition and diabetes	Dr Luminita Hayes, Senior Adviser, WHO Euro Brussels Office
	Better food for a better future	Dirk Jacobs, Deputy Director General, Food Drink Europe
	Glycemic index (GI) and chronic disease	Prof. David Jenkins, University of Toronto, Canada; Dr. Geoffrey Livesey, Independent Nutrition Logic Ltd, UK
	Translating the science: GI labelling and impact on public health	Dr. Alan Barclay and Dr. Kathy Usic, Glycemic Index Foundation, Australia
17:10-17:30	Open discussions	
17:30-17:50	<b>Panel 2: Public health interventions in diabetes prevention</b>	
	Risks of hyperglycaemia in patients	Professor Damien Gruson, Saint-Luc University Hospital, Brussels
	Finding the balance between hyper and hypoglycemia	Kristin de Backer, Chairman, Foundation of European Nurses in Diabetes (FEND)
17:50-18:15	<b>Panel 3: Uptake of diabetes-related nutrition policies in the EU</b>	
	MEP Nicola Caputo & MEP José Inácio Faria	
	Open discussions	